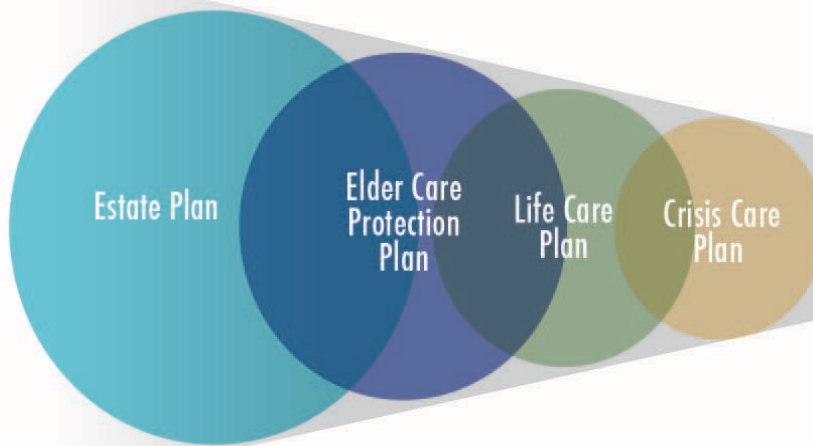


# The Continuum of Support

As you age, how do you avoid losing control of what you've accumulated through your lifetime? In the event of a chronic or long-term illness, how do you keep from losing your home and assets? How can you be sure that your finances and care are managed according to your wishes? How can you plan ahead to live independently for as long as possible and to age with dignity?



## Continuum of Support

How our support system evolves with you as your life situation evolves.

### What Plan Is Right for You?

#### ***I. Estate Plan***

*Who?:* Healthy people of all ages

*Characteristics:*

- Living at home without assistance
- No functional limitations
- No caregiving needs or costs

*Goal:* Leave legacy

#### ***II. Elder Care Protection Plan***

*Who?:* Older adults concerned about their future care needs

*Characteristics:*

- Living at home without assistance
- Recent diagnosis of a chronic illness but still able to manage self-care
- Concerned about potential for increase in caregiving needs and costs

*Goal:* Aging at home safely and securely

### **III. Life Care Plan**

*Who?:* Older people with chronic illness or declining health

*Characteristics:*

- Unable to live safely at home without assistance
- Difficulty with self-care activities such as bathing, dressing, mobility, etc.
- Increasing reliance on family caregivers
- Imminent need to access more help in or outside the home
- Looking for ways to pay for increasingly costly current and future care needs

*Goal:* Find, get, and pay for good care

### **IV. Crisis Care Plan**

*Who?:* Older people with major functional or cognitive impairment

*Characteristics:*

- Needs long-term care outside the home
- Dependent on others for self-care
- Completely reliant on family or professional caregivers
- Must take immediate action to pay for care without bankrupting self and family

*Goal:* Accessing good care outside the home, obtaining public benefits to pay for care, eliminate fear of impoverishment

## **How We Help You Plan**

Johnson McGinnis Elder Care Law & Estate Planning is equipped to help you prepare for the future while you are healthy and help you plan with confidence to face the challenges created by illness and disability later in life.

As an elder-centered Life Care Planning Law Firm, we offer a comprehensive solution to guide older people and their families through the Continuum of Support, addressing the financial, legal, and personal care needs of elders, and empowering families to make the journey with confidence and optimism.

Our team approach to planning helps you preserve your hard-earned nest egg. Make sure assets are distributed to heirs the way you want. Plan ahead for care. Remove doubt about the care you prefer as you age and your health declines. Leave the legacy you choose. Avoid unintentional but often devastating mistakes.

### ***Benefits for the Elder***

- The right care sooner
- Preservation of independence for as long as possible
- The ability to age with dignity

### ***Benefits for the Family***

- Help finding appropriate services and supports to meet care needs
- Guidance with legal and financial, health and long-term care decisions as the elder's condition progresses
- Security because the spouse and dependents are provided for